

Redgrave

Start & Finish Points: Redgrave and Lopham Fen nature reserve car park (TM 053 802) Mileage: 4.7

The walk starts off through Redgrave and Lopham Fen nature reserve, also taking in the River Waveney with views of Redgrave church and Pooley Street Baptist church.

To start the walk make your way into the picnic area adjacent to the car park then go through the gate to the Spider and Woodlands Trail, keep following the signs for the Woodlands Trail going through a kissing gate and over a footbridge until you come to a signpost to your right saying "Welcome to Redgrave and Lopham Fen". Turn left through a gap in the hedge to the right hand side of a metal gate, when you come out on to a road turn left and when you come to a bench on your left at a bend turn right down a lane by a footpath sign.

Keep to this track until it comes out on to a road and turn left, keep to this road ignoring the one to the right signposted Mellis then just after passing a sign for Magpie Green ignore the footpath sign to the right, go on for about 30 yards then turn left, with barns to your left, walking on a path.

Keep to this path as it goes across a field then carry straight on ignoring the footbridge to your right. You will then come out on to a road, turn left and you will come to a footpath sign to your right. Turn right and you will then cross a footbridge, ignore the turning to the left and carry straight on through a kissing gate back into the Redgrave and Lopham Fen by a Waveney Trail sign.

Just after going through another kissing gate you will come to a Waveney Trail sign to your left, ignore this and carry straight on. You will then come to a wooden gate in front of you, go through the kissing gate to the left then carry on in the same direction now walking on a semi-hard track.

This will bring you out on to a road, turn left and you will then come to some crossroads where you turn left down Low Common Road. Just after the road swings to the right, turn left back into the car park.

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